



GREEN DAYS RE-CONNECT WITH NATURE

**LIMITED PLACES SO PLEASE BOOK
TO AVOID DISAPPOINTMENT**

JOIN US FOR **FREE OUTDOOR SESSIONS** AIMED AT PEOPLE WANTING TO LEARN **NEW SKILLS, BUILD CONFIDENCE** AND MEET OTHER LIKE-MINDED INDIVIDUALS IN SOME OF PLYMOUTH'S **BEAUTIFUL GREEN SPACES.**

THIS PARTNERSHIP BETWEEN PLYMOUTH MIND AND THE ACTIVE NEIGHBOURHOODS PROJECT WILL BE OFFERING SIX - 2HR SESSIONS BETWEEN MAY AND JULY.

WE WILL BE RUNNING A TASTER SESSION AT **PLYMOUTH MIND ON THE 3RD OF MAY 4-6PM** WE WILL BE MAKING **ASH BAKED PIZZAS** AND DISCUSSING THE SESSIONS.

CALL PLYMOUTH MIND FOR MORE INFO: 01752 512280
OR EMAIL ADMIN@PLYMOUTHMIND.COM



Devon
Wildlife Trust



Plymouth
and District